

STSCP EXECUTIVE BULLETIN

JANUARY 2026

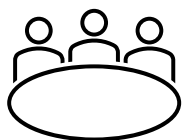
STSCP EXECUTIVE

This is the first Executive Bulletin for 2026 and follows on from the Executive meeting held earlier this month. There continues to be a need to ensure professionals are aware of the local services available to support anyone who is or has been a victim of domestic abuse and work with perpetrators. This bulletin provides more information about the Domestic Abuse services available in Middlesbrough. If you wish to re-visit the information about the services available in Redcar & Cleveland, then please see November's STSCP Executive Bulletin available on the STSCP website at:

[South Tees Safeguarding Children Partnership key documents](#) | [South Tees Safeguarding Children Partnership](#)

LOCAL AUTHORITY DESIGNATED OFFICER (LADO) PRESENTATION SESSIONS 2026

Redcar & Cleveland's LADO is offering online LADO bitesize training sessions (allegations against professionals in a position of trust), which may be beneficial for professionals including any staff who work or volunteer, with children. The sessions provide a brief overview and understanding of the LADO process so remit of referrals are clear. The session will take place online via Microsoft Teams and take approximately 30 minutes. Sessions are available on the following dates / times:



- Monday 16th February 2026 at 10.30am
- Tuesday 24th March 2026 at 11am
- Wednesday 22nd April 2026 at 12pm
- Monday 11th May 2026 at 11am
- Tuesday 9th June 2026 at 10am
- Wednesday 8th July 2026 at 11am

If you would like to book onto one of the sessions detailed above, please email Stacey.waugh@redcar-cleveland.gov.uk indicating which of the dates is the most convenient. A response will be provided to confirm your place along with the Teams invitation.

CLARE'S LAW: DOMESTIC VIOLENCE DISCLOSURE SCHEME

Clare's Law allows Police to release information about any previous history of violence or abuse a person might have. It means that they can provide information that helps protect people at risk and prevent further crimes. Under Clare's Law you can apply for information about

- a current or ex-partner that you still have contact with because you're worried they may have a history of abuse and are a risk.
- a current or ex-partner of a friend or relative that they still have contact with because they're worried they might be at risk.

The Clare's Law (Domestic Violence Disclosure Scheme) does not replace CRB (Criminal Record Bureau) checks, DBS (Disclosure & Barring Service) checks, subject access requests or Freedom of Information requests. More information about domestic abuse and the Clare's Law request form can be found on Cleveland Police's website using the following link.

[Advice about domestic abuse](#) | [Cleveland Police](#)



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MARAC @ ME-LEARNING



Multi-Agency Risk Assessment Conference (MARAC): This course is aimed at professionals who come into contact with victims and survivors including children experiencing domestic abuse and perpetrators of domestic abuse. (Duration 30 mins)

Multi-Agency Risk Assessment Conference (MARAC) Single Point of Contact: This course is aimed at professionals who undertake the role of MARAC and come into contact with victims and survivors including children experiencing domestic abuse and perpetrators of domestic abuse. At the end of course you will have learnt the more about the role of a MARAC Representative, what is expected and how your involvement will ensure MARAC operates effectively. (Duration 30 mins)

The courses can be accessed using the link on the STSCP e-learning webpage at:
[STSCP eLearning | South Tees Safeguarding Children Partnership](#)

DOMESTIC ABUSE SERVICES: OUR LOCAL PICTURE – MIDDLESBROUGH

Domestic Abuse is Everybody's Business – Break the Silence.

Middlesbrough Council commission a range of specialist services, as well as having Domestic Abuse Practitioners who deliver specialist support. They provide information / advice on what is available to help someone keep safe and support to help make choices and access the service most appropriate to their needs.

They also welcome survivors who wish to share their stories, as they host survivor panel meetings in partnership with Domestic Abuse and Sexual Violence services. This is invaluable in building an understanding of issues and if the provision provided is meeting needs of victims/survivors and their children. If you or someone you know of would want to share information in relation to your / their experiences, please direct them to: survivorpanel@middlesbrough.gov.uk

Accessing Change Together

ACT (Accessing Change Together) is there to help anyone who needs support with domestic abuse, homelessness or substance misuse. It is an integrated service, which means that the support services are working together to help and ensure the right support is provided. Domestic Abuse Housing Solutions and Community Intervention Officers work as part of ACT. They also work with victims in the community who are at risk of homelessness, co-ordinating and providing direct support, information and advice to people impacted by domestic abuse. If you know of anyone in need of non-urgent help, they can email:

accessingchangetogether@middlesbrough.gov.uk.

If urgent help is needed, call 01642 726800.

More information on ACT can be found using the link below:

[Accessing Change Together | Middlesbrough Council](#)

Commissioned Domestic Abuse Services

My Sisters Place (MSP) are a specialist Domestic Abuse service in Middlesbrough who offer support to those who have or who are experiencing domestic abuse, as well as offering practical, holistic and therapeutic support. They are a needs led service offering a trauma informed approach.

The service is open Monday to Thursday 9-5pm and Friday 9-4.30pm.

My Sisters Place, 123 Borough Road, Middlesbrough, TS1 3AN

Tel: 01642 241864

Website: <https://mysistersplace.org.uk/>

Services available from MSP include Independent Domestic Violence Advisors (IDVA) including a male victim worker. They provide advice and advocate for survivors by risk-assessing, collaborate safety planning, practical advice and support to make informed



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decisions regarding safety. They also advocate for survivors in MARAC, the criminal court and offer legal advice.

Economic Abuse Support Workers work alongside the IDVA service to give practical support to survivors around living safely and independently after economic abuse including housing support needs and financial issues. Identification & Referral to Improve Safety (IRIS) is a collaboration with GPs to provide a training, support, referral and advocacy model to support General Practice in order to better support their patients affected by domestic abuse.

MSPs Domestic Abuse Counselling includes a range of services from face-to-face trauma-informed, telephone, video and email, which is also available for male survivors. ME TIME CYP Counselling is a confidential trauma informed therapeutic service that provides age-appropriate therapies for children and young people. The Children & Young People IDVA (CYP IDVA) offers help and support to young people who suffered or witnessed domestic abuse from a partner, parent, siblings or another family member. They also deliver work in schools and colleges.

Community Awareness Training is available to empower those in the local community to have discussions around domestic abuse, notice signs and know where to signpost to.

MSPs Sanctuary scheme supports those who would otherwise become homeless due to violence to identify and install safety measures within their home. To refer someone you work with or for them to self-refer, contact the Sanctuary Scheme Co-ordinator: 01642 241864

Domestic Abuse Safe Accommodation in Middlesbrough

As part of Middlesbrough Council's duty and commitment to provide safe accommodation they commission a refuge, dispersed accommodation and a scheme to provide safety to remain at home. The Changing Lives Refuge provides supported accommodation for women including those with children who are fleeing domestic abuse. They also provide move on support when victims are able to leave the refuge. For more information, email Middlesbroughrefuge@changinglives.org.uk

Harbour Dispersed Properties provides safe accommodation, which offers more flexible choices for those who may not be able to access a refuge or to move on from a refuge. For more information, please email info@myharbour.org.uk

Other Support Services include:

- Sexual Violence Support services: TEESSIDE SARC (Sexual Assault Referral Centre), which offers free, confidential, medical and practical support to people aged 16 years and over in Teesside that have recently experienced rape or sexual assault. Telephone 0300 233 0099 24 hours a day
- ARCH Teesside Sexual Violence Support service is a specialist sexual violence service offering free and confidential support, help and advocacy to people who have experienced rape and sexual abuse or sexual assault at any point in their lives. This includes ISVA Advocacy Support and Counselling. To self-refer: <https://www.dpmscloud.com/external/referralformselfarch> or telephone 01642 822331

By And For Services

Middlesbrough Council works in partnership with local and national By and For Services providing support to victims and their children including:

- The Halo Project who work with women from black and migrant communities who are at risk of and / or experiencing domestic abuse, sexual violence or abuse. They can be contacted by telephoning 01642 683045.
- Mankind initiative Supporting Male Victims of Domestic Abuse. They can be contacted by telephoning 01823 334 244.

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- Hart Gables who work with LGBTQ+ people to ensure they have equal access to services that meet their needs. They can be contacted by telephoning 01642 675509.
- Sign Health Domestic abuse and sexual violence advocates offering support and advice to deaf people experiencing domestic abuse. They can be contacted by Text ONLY 07860033214 or email info@signhealth.org.uk or [Contact SignHealth - SignHealth](#)

Domestic Abuse Perpetrator Programme

Harbour provides services for those who have been abusive to a partner in Middlesbrough and demonstrate their intention to change their behaviours. The service incorporates a women's safety service and works alongside victim services and statutory agencies to monitor behaviour and continually assess risks through timely information sharing. For more information telephone 0300202525

Those Causing Harm | Harbour.

Middlesbrough Council is also working alongside the OPCC via the Teeswide DA Perpetration Partnership regarding their Perpetrator Strategy which aims to enforce the message that harm is the sole responsibility of perpetrators and use protective tools to disrupt perpetrators e.g. DAPNs & DAPOs.

There is a new Training Opportunity for Middlesbrough Practitioners (Jan to March 2026). Middlesbrough DASP has funded My Sisters Place to deliver training, so that staff are trained to provide effective, timely and appropriate responses to victims and survivors of domestic abuse. This is delivered in person and the full day sessions and can be booked via Middlesbrough Council.

Participants must also be able to evidence that they have completed Domestic Abuse and Intimate Partner relationship training via E-Learning Course Directory | Teeswide Safeguarding Adults Board.

For more information, please email michelle_shaw@middlesbrough.gov.uk

Tees Valley Getting Help Service

Improving young people's mental health to help them thrive is the focus of a new service that will launch in the Tees Valley area. The 'Getting Advice and Getting Help' children and young people's mental health and wellbeing service comes as a result of a 7-year financial investment by the NHS North East & North Cumbria Integrated Care Board. It builds on the current support available for children and young people and will support them by providing earlier mental health support as and when difficulties arise.

The service will be delivered by Tees Esk & Wear Valleys NHS Foundation Trust (TEWV) and key partners Alliance Psychological Services, The Link CiC, Teesside Mind, Changing Futures North East and The Junction Foundation under one service. This means that it is simpler for children, young people and their families to access advice / early support and for partners to make requests for help when needed.

The service will be available for all children and young people (aged from 5-18 years) who are registered with a Tees Valley area GP Practice. It will also support young people up to and including the age of 25 where there are special educational needs or disabilities and an Education, Health and Care Plan (EHCP).

How to access the service

Children, young people and their families in Tees Valley will be able to do this through a few simple ways:

- WYSA App - for self-help and self-monitoring of mental health and wellbeing. It is a free confidential NHS-approved mental health app for young people aged 13 to 18 years old (11+with parental support) and includes an AI driven chatbot, mood tracking and resilience tools. Young people can download the App by searching



North East and
North Cumbria

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WYSA in the App Store and using the referral code tsidecyp2025. Requesting further help and access to the service is also available through the App.

- Tees Valley Getting Help Website – provides online access to advice and information available and is an option for digital requests for help and support. All requests will be reviewed and individuals will be contacted directly.
- By speaking to the Mental Health Support Team in schools or by calling 0300 2000 000

NSPCC CASE REVIEW UPDATES

The NSPCC Library hosts the National Collection of Case Reviews. They provide regular updates, which highlight case reviews recently added to their collection with those most recently featuring a themed review on vulnerable babies and other reports inclusive of:

- non accidental injuries,
- co-sleeping,
- elective home education,
- intra familial sexual abuse,
- long term neglect,
- emotional wellbeing and
- mental health.

The reviews can be found using the following link.

[Monthly case reviews update | NSPCC Learning](#)

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